Dr. Stephanie E Wilson-Coleman's Bio



Dr. Stephanie E. Wilson-Coleman is a prominent figure in the world of personal and professional development, featured on esteemed platforms such as WGN-TV Daytime Chicago, NBC's The Morning Blend TV Show, The Sisaundra TV Show, Life Style Live TV Show, UpJourney Magazine, Authority Magazine, and The Crusader.

A highly sought-after Speaker, Executive Leadership Coach and Holistic Life Coach, Dr. Stephanie is also an accomplished author with five books to her name. Her latest work, "Self-Esteem Your Superpower: Ways Parents Can Improve Children's Self-Esteem," achieved the remarkable feat of becoming a #1 Amazon bestseller in multiple categories for an impressive four consecutive weeks.

Dr. Stephanie is the dynamic host of the immensely popular podcast, "A Sip of Inspiration," and serves as the visionary Founder and CEO of The Champagne Connection (www.champagneconnection.com), where she empowers companies and individuals to unlock their full potential and achieve holistic success.

Dr. Stephanie has an Executive MBA from the University of Chicago Booth, a Ph.D. in Holistic Life Counseling, an Ordained Minister (D.D.) with Unity Chicago South Church, a Behavioral Finance Certification from Duke University, a Certification for Building High-Performing Teams from the University of Pennsylvania, and a B.A. from the University of Arkansas at Little Rock.

With over two decades of experience, Dr. Stephanie previously served as the National Director for a Federal Agency. During her tenure, she demonstrated exceptional leadership by effectively managing high-performing managers, crafting visionary projects, and pioneering comprehensive performance-tracking systems. She consistently maintained an exemplary team, meeting and exceeding organizational benchmarks, and retired within the top 8% of federal employees.

As a Transformational Leadership Consultant/Coach and Holistic Life Coach, Dr. Stephanie has equipped countless individuals with the tools needed to manifest their dreams, launch businesses, and spearhead impactful movements that transform communities and change lives.

Dr. Stephanie's personal narrative is a testament to resilience and triumph over adversity. She emerged from a challenging past, marked by teenage motherhood, survival of sexual molestation, gang rape, homelessness, and a basal skull fracture. Her life story is a tapestry of conflict, triumph over villains, surmounting roadblocks, navigating moral dilemmas, and experiencing profound spiritual awakenings.

Dr. Stephanie possesses an extraordinary talent for helping others convert obstacles into steppingstones on their journey to realizing their dreams. Her superpower lies in transforming lives, effortlessly dispelling even the most formidable challenges with her unwavering determination.

Let Dr. Stephanie E. Wilson-Coleman guide you in uncovering the winning strategy within the hand that life has dealt you. She is the catalyst for your transformation, the key to unlocking your fullest potential, and your partner on the path to personal and professional success.